

The Verses on Noble Truths

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Ye dukkham nappajānanti – *Those who don't discern suffering*

Atho dukkhassa sambhavam – *Suffering's cause*

Yattha ca sabbaso dukkham Asesam uparujjhati – *And where it totally stops, without trace*

Tañ-ca maggam na jananti – *Who don't understand the path*

Dukkhūpasama-gāminam – *The way to the stilling of suffering*

Ceto-vimutti-hīnā te – *They are far from release of awareness*

Atho paññā- vimuttiyā – *And release of discernment*

Abhabbā te anta-kiriyāya – *Incapable of making an end*

Te ve jāti-jarūpagā – *They'll return to birth & aging again*

Ye ca dukkham pajānanti – *While those who do discern suffering*

Atho dukkhassa sambhavam – *Suffering's cause*

Yattha ca sabbaso dukkham Asesam uparujjhati – *And where it totally stops, without trace*

Tañ-ca maggam pajānanti – *Who understand the path*

Dukkhūpasama-gāminam: – *They way to the stilling of suffering:*

Ceto-vimutti-sampannā – *They are consummate in release of awareness*

Atho paññāvimuttiyā – *And in release of discernment*

Bhabbā te anta-kiriyāya – *Capable of making an end*

Na te jāti-jarūpagāti – *They won't return to birth & aging, ever again.*